

FIDELITY HOUSE



25 Medford Street, Arlington, MA 02474

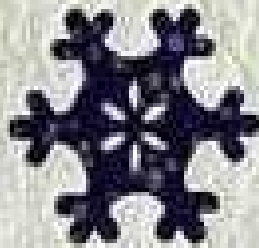
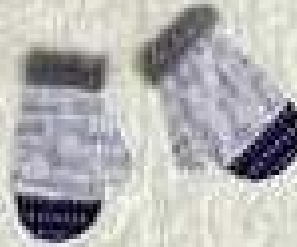
www.fidelityhouse.org

781-648-2005

51R Medford Street, FIHO 2 location

Edward F. Woods, Executive Director

Winter 2023-24



DONATE to the Fidelity House Capital Campaign!

CAPITAL CAMPAIGN
BUILDING ON TRADITION

SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.



Parents have the option of enrolling in either

- ☒ our After School Program,
- ☒ our Full Day/Snow Day program or
- ☒ BOTH After School & Full Day Programs

The SACCP After School Program is based at Fidelity House and FiHo 2. Hours are from 2-5:45 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days.

The program consists of: arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

The SACCP Full Day/Snow Day Program We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those day.



The School Age Child Care Program Daily After School Schedule & Activities

- 2:15 Arrival / Snack / Play Time
- 3:00 Meeting and Choice Activities
(See activities below)
- 4:00 Specific Age Group Activities
(See activities below)
- 5:00 Quiet games, Choice Time, Clean-up
- 5:45 Close of Program

We feature a variety of activities including:

- | | |
|-----------------------|----------------|
| Arts & Crafts | Special events |
| Sports-indoor/outdoor | Chess |
| Computer time | Gymnastics |
| Science activities | Ice Skating |
| Homework Club | Field trips |
| Contests & Games | Music |
| Trips to local parks | Cooking |



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF



Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.

The staff is composed of college graduates and undergraduates with a wealth of experience working with children.



PRESCHOOL & PRE-K



47 years! PRESCHOOL PROGRAM The Preschool, now in its 46th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., or 8:30 a.m.-5:00 p.m. Early 8 a.m. drop off option available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., or 8:30 a.m.- 5:00 p.m. Early 8 a.m. drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.



PROGRAMS FOR TODDLER through 1st GRADE

GYMNASTICS Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1st grade age. Winter Classes to resume Jan. 4. Flyers describing the program in detail are available.

Tot TIME- Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences. Thursdays, 10:30—11:30 a.m. January 4—February 15, New session February 29—April 25 (no 3/28 or 4/18) \$60 for each 7 weeks session, \$10 drop in fee.

Tot Sports Academy - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m.

Basketball—Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. January 8—February 12 (no class 1/15) 5 weeks, \$50, February 26 – April 8, 7 weeks, \$70.

Floor Hockey— Tuesdays. The players will learn how to shoot, stick handle and have fun in a safe environment, January 2—February 13, 7weeks, \$70, February 27—April 9, 7 weeks, \$70.

Soccer— Fridays. The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. January 5—February 16, 7 weeks, \$70, March 1– April 12 (no 3/29) 6 weeks, \$60.

SPORTS ACADEMY 3:15—4 p.m. Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:15—4 p.m.. **FLOOR HOCKEY**—Tuesdays—7 week sessions begin January 2—February 13, February 27—April 9, \$60. **INDOOR SOCCER**—Wednesdays—7 week sessions begin January 3—February 14, February 28—April 10, \$60. **BASKETBALL**-Fridays-7 week session begins January 5—February 16, 6 week session March 1—April 12 (no 3/29) \$52.



NEIGHBORHOOD BASKETBALL LEAGUE (N.B.L.)- Fun with a purpose! This program is geared towards youth that love basketball and want to become better players! All levels of players will be challenged. Program offered Saturdays, 9—10 a.m. AND Sundays, 12— 1 p.m. for Kindergarten , 1st graders & 2nd graders .while 3rd, 4th & 5th graders attend Saturdays 10—11 a.m. AND Sundays 1—2 p.m. 12 class sessions begin Saturday , January 6—February 11 , \$140 with jersey included, February 17—March 24, \$120/ \$140 with jersey included.

OPEN RECREATION

Encompassing program is offered for youth in 5th – 12th grades. Members combine an age appropriate drop –in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. a **5th grade and up** current **membership** is required for *all drop-in & scheduled youth programs*.

Members bring membership cards with them to check in.



MEMBERSHIP – 5th Grade & up

A membership form needs to be filled out for *each* child

6th grade & up membership through May 31, 2024= \$40.00 & 5th grade school year membership = \$20.00 OR One Day Guest Fee = \$5.00

One Day Pass = .50 cents (for those who forgot their card) Replacement Membership Card = \$5.00

GRADES 6 and up

Tues– Friday 2:15—5:30 p.m.

GRADES 5 and up

Friday evening 5:30 - 10 p.m.

Saturday 9 a.m.-3 p.m.

We **ENCOURAGE** you to **JOIN** our many programs offered throughout the year!

There are lasting benefits to staying active!

*Meeting new friends

*Trying new experiences

*Obtaining new skills & perspectives



Adults- If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.

It starts with

One Place.....

One Program.....

One Child.....

One Volunteer....

One Dollar !

See how just **ONE** can make all the difference at **FIDELITY HOUSE!**

Be that ONE–

Join a program, volunteer, donate.....it all helps!!



Grades 2 - 4



These are special interest youth programs offered for both our school age child care participants and registered 2nd – 5th grade youth attending *during* the scheduled class time. Please plan accordingly.

GRADES 2-4 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. 2nd graders meet 3:15 – 4 p.m. and 3rd, 4th & 5th graders meet from 4 – 4:45 p.m. Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten thru Grade 2 meet from 3:15—4 p.m.. **FLOOR**



HOCKEY—Tuesdays— 7 week sessions begin January 2—February 13, \$60, February 27—April 9, \$60. **INDOOR SOCCER** — Wednesdays—7 week sessions begin January 3 — February 14, \$60, February 28—April 10, \$60.

BASKETBALL—Fridays—7 week session begins January 5—February 16, \$60, 6 week session March 1—April 12 (no 3/29) \$52.

** Please note – School Age Child Care Participants sign up for a discounted fee if attending the day of the program.

NEIGHBORHOOD BASKETBALL LEAGUE- Saturday Mornings + Sunday Afternoons league.



Each session will include an individual skills clinic, team drills and game. 2nd graders attend Saturdays 9 – 10 a.m. and Sundays, 1 – 2 p.m., 3rd – 5th graders attend Saturdays 10 - 11 a.m. and Sundays, 2 - 3 p.m. 12 class sessions begin Saturday, January 6—February 11, \$140 with jersey included, February 17—March 24, \$120/\$140 with jersey included.

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Winter Classes to resume Jan. 4. Flyers describing the program in detail are available.

FITNESS & CONDITIONING—Strengthening & conditioning program for 2nd—5th graders offered on Tuesdays, 3:15– 4 p.m., January 9—February 13, 6 weeks, \$42, February 27—April 9, 7 weeks, \$49.

NANCY DREW MYSTERY BOOK

CLUB—**Who:** Girls 2nd – 6th grade **What:** Reading/discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. –7 weeks, January 3 -February 14, February 28 —April 10, \$56.

HOMEWORK CLUB- A chance to work on your homework and be able to ask questions, get guided help if needed, Offered Mondays, Tuesdays, Wednesdays, Thursdays, 3:15—4 p.m.or 4—4:45 p.m.. Limited openings offered per time period. Available Homework slots and fee information will be available for open registration after January 5.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

NOW UR COOKING- Cooking is a lifelong skill. Basic nutrition, utilizing math for measuring ingredients and how to make healthy food choices will be incorporated into this fun course for 3rd—6th graders. Located at the LARGE, modern kitchen at FiHo 2. Mondays, 4—5 p.m. Begins January 8– February 12, 6 weeks, \$60.

ARCHERY-This fun, recreational program for grades 2—5 will feature weekly drills and skill games to become better archers! Wednesdays, 4—4:45 p.m., January 10 —February 14, 6 weeks, \$42, February 28—April 10, 7 weeks, \$49.

CHESS CLUB- The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Fridays, 3:15—4 p.m., 6 weeks, January 12—February 16, \$36, March 1—April 12 (no 3/29), 6 weeks, \$36.

FUTSAL— Ever wonder why soccer on a gym floor just doesn't feel the same? Soccer balls are meant to be used on grass while futsal balls are made to be played on a hardwood surface. 2nd—5th graders will learn and develop fundamental skills that will translate to the big field and experience how Futsal indoor soccer was meant to be played. Mondays, 5—6 p.m., January 8—February 12 (no 1/15), 5 weeks, \$50, February 26– April 8, 7 weeks, \$70.

GIRLS IN THE GYM- Girls take over the gym!! 2nd—5th graders participate in a variety of gym games and sports that teach new skills, encourage being active and fun, Thursdays, 3:15—4 p.m., January 4—February 15, 7 weeks, \$42, February 29—April 11 (no 3/28), 6 weeks, 36.

Grades 5 - 8

Note— *current memberships required for participation.

GRADE 5 SPORTS ACADEMY -Game fundamentals, drills & sportsmanship are incorporated into games. 5th graders meet from 4 – 4:45 p.m. **FLOOR HOCKEY**—Tuesdays— 7 week sessions begin January 2—February 13, February 27—April 9, \$60. **INDOOR SOCCER** — Wednesdays—7 week sessions begin January 3 — February 14, February 28—April 10, \$60.

BASKETBALL-Fridays-7 week session begins January 5—February 16, 6 week session March 1—April 12 (no 3/29) \$52.

** Please note – School Age Child Care Participants sign up with a discounted fee if attending the day of the program.

NEIGHBORHOOD BASKETBALL LEAGUE- Saturday Mornings + Sunday Afternoons league. Each session will include an individual skills clinic, team drills and game. 2nd graders attend Saturdays 9 – 10 a.m. and Sundays, 1 – 2 p.m., 3rd – 5th graders attend Saturdays 10 - 11 a.m. and Sundays, 2 - 3 p.m. 12 class sessions begin Saturday, January 6—February 11, \$140 with jersey included, February 17—March 24, \$120/ \$140 with jersey included.

FLOOR HOCKEY GAMES – It's not just for "hockey" players! Fun for all! 3 on 3 play for 5th – 8th graders. Games played on Friday nights 6:15 —7:00 p.m. All games 3 vs 3 with no goals. Round Robin Format. Team Draft begins on January 5 which league games beginning Jan. 13. January 5 thru March 15 (no 2/9, 2/23), \$60

3/3 HOOP LEAGUE 5th—8th graders can develop their basketball skill in a fun, friendly competitive environment. The smaller team size increases offensive and defensive opportunities for each player and is a fun way to play hoop with your friends. Team Draft begins on January 5 which league games beginning Jan. 13. Program offered 7:15—8:15 p.m. January 5 thru March 15 (no 2/9, 2/23), \$72.

“PLAY MORE HOOP “BASKETBALL CLINICS - Fun with a purpose on school holidays! Program offered Martin Luther, Jr. Day, January 15 and February Vacation Week, February 20 – 23, week or individual days.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information.

NANCY DREW MYSTERY BOOK

CLUB —**Who:** Girls 2nd – 6th grade **What:**

**Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths.

Where: Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. –7 weeks, January 3 -February 14, February 28 —April 10, \$56.

FIDELITY HOUSE KINGS AAU-Spring AAU

Basketball program for players who want to Play More Hoop in a competitive environment. Weekly practices, skills & drills clinics, scrimmages and tournaments are included. Spring AAU begins in March.

FUTSAL— Ever wonder why soccer on a gym floor just doesn't feel the same? Soccer balls are meant to be used on grass while futsal balls are made to be played on a hardwood surface. 6nd—8th graders will learn and develop fundamental skills that will translate to the big field and experience how Futsal indoor soccer was meant to be played. Mondays, 6—7 p.m., January 8—February 12 (no 1/15), 5 weeks, \$50, February 26— April 8, 7 weeks, \$70. 2nd—5th graders play 5—6 p.m.

NOW UR COOKING- Cooking is a lifelong skill. Basic nutrition, utilizing math for measuring ingredients and how to make healthy food choices will be incorporated into this fun course for 3rd—6th graders. Located at the LARGE, modern kitchen at FiHo 2. Mondays, 4—5 p.m. Begins January 8— February 12, 6 weeks, \$60.

PERIODICALLY... special events and trips offered for the 6th – 8th grade age. Our weekly newsletter, website highlight scheduled trips. Advance registration is required.

ONGOING...Membership or Guest Fee required.

GYM TIME- Times to be posted.

DROP-IN GAME ROOM-

Open Tuesday thru Friday 2—5:30 p.m., Friday nights, 5:30 - 10 & Saturday 10 -3. The room is equipped with pool tables, ping pong, chess, cable TV & video games.



Family, High School, Adult



FAMILY TIME- Open Gym, Game Room available on Saturdays 11—12:00 p.m. for recreational use by families during January. Spend time together while staying active. Adult guardian and or high school age sibling must accompany younger siblings. A minimum \$10 donation is requested per use.

VOLUNTEER EXPERIENCE- Thinking of working with children or a sports-related career your future? Opportunities to gain experience and/or fulfill your school community service requirements! Give us a call!

ONGOING...Membership or Guest Fee required. **HIGH SCHOOL GYM TIME-TBA.**

MENS' BASKETBALL LEAGUE — Games played on Tuesday evenings. Teams/individuals may sign up. Team fee = \$900. Leagues year round.



ADULT VOLUNTEERS- If you are available to help out short term/long term or seasonal, please call.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please give us a call.

FAMILY LEGO BLOCK PARTIES during PROGRAM OPEN HOUSE on Saturday, February 3, 1 – 3 p.m. You're invited to our OPEN HOUSE for our 2024-25 Preschool Program, School Age Child Care Program and Summer Day Camps and join in on a giant lego "block" party in our gym. Information for you, fun for your child! Call with questions.



Basketball Marathon



Saturday, **MARCH 23** (tentative). Youths and adults take part in this important **FUNdraiser!** The Basketball Marathon is vital for us to upkeep the gym, basketball rims and other equipment for our youth programs.



Mark your calendar!

Martin Luther Day/Monday, January 15 - Full Day Programs offered for Kindergarten and up & Play More Hoop Clinic offered

OPEN HOUSES with "Block" Party- Preschool, School Age Child Care & Summer Day Camp
Open Houses with Lego Block party -Saturday, February 3

KMG Night- (Karoake, Moonbounce, Games) Friday, Feb. 9, 7—9 p.m.

SuperFun Kids Carnival- Saturday, February 10

February School Break, February 19—23 -Full Day
Programs offered for
Kindergarten and up, Play More Hoop Clinic

Basketball MARATHON- Saturday, March 23

FAMILY BINGO NIGHT- Friday, April 12

EASTER FLOWER SALE- THURSDAY thru SUN-
DAY, March 28—31

Mother's Day FLOWER SALE- May 9—12

Spring Fun Fair- Saturday, June 1 (tentative)

FIDELITY HOUSE
SUMMER DAY CAMPS!
25 Medford St, Arlington www.fidelityhouse.org
Preschool Summer Days
Kindergarten Camp
2nd - 8th Grade Camp

Registrations start in February

We're a Non-Profit Community Center!



We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon, Longest Night Luminary Sponsorship, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Golf Tournament*

Supporting *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.



Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!

Wish List A New GYM! School bus driver! Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, video game systems, storage cabinets, kitchen cabinet set in good condition.

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

GYM RENTALS- *Limited* times available for Rentals, usually in 1.5 - 2 hour blocks. Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals.



Fidelity House- It's the best kept secret
in Arlington! A FiHo Parent

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.

Fidelity House CAPITAL CAMPAIGN

It's **people** who make the difference in this place!
Our Ftre & Community needs u!



Donations still needed, welcome & appreciated!

Donations accepted at Fidelity House and online at fidelityhouse.org.

Fidelity House BEST JOB EVER openings!

Fidelity House is looking for a CDL Driver with a Massachusetts SCHOOL BUS AND PASSENGER endorsements to drive!.

Afternoon school pickup (follows Arlington Public schools schedule)
needed Monday - Friday. If you are a driver, (or you know a driver and can pass this
on to them), give us a call at 781-648-2005. This is a low stress, fun job that would
work great for a driver looking to work part time or a driver looking to supplement other
career hours. Additional hours could be available if so desired (Custodian, child care)

Give us a call at 781-648-2005



PRESCHOOL TEACHER - Work with 2.9 - 5 year olds in an active
preschool program and be part of a great community of families and kids!
Full time or part time, morning/afternoon hours, benefits include dental, health
insurance, paid time off, professional development & hugs. Program is licensed
by the Department of Early Education & Care.

LOVE FIHO?

SPREAD THE WORD!

I went to
PRESCHOOL
there! I still have
friends I met there!

**GREAT
PLACE to
play
BASKETBALL**

Days off from
school *never* bother
me, they always
have a program for
my kids!

**DAY CAMP WAS
THE BEST!!** I learned
to **SWIM** at Camp!!

I wish I
could go on
all the Trips
my
children go
on!!

It's the
Best kept
secret in
Arlington!!!

I went to all the
Fidelity House
DANCES.....
LOVED them!!!

YOUR recommendations

are VERY IMPORTANT to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005
WWW.FIDELITYHOUSE.ORG