



FIDELITY HOUSE

Jan. 8,
2019



JANUARY FULL DAY PROGRAM- Fidelity House's School Age Child Care Program will be offering a Full day program on Monday, January 21 (Martin Luther King, Jr. Day). LEGO Day and some group Lego Kits are on the agenda! Hours are 8 – 6:00 p.m. with extended care available until 6:30 p.m. The program is open to kindergarten thru 6th grade. Age appropriate activities are also part of the day. Registration in advance is required

FOR the YOUNGER CROWD- Fidelity House will also be offering a **Preschool/Pre-K/ K1 FULL DAY Program with lego fun on Monday, January 21** from 8:30 a.m. – 5 p.m Early drop off and extended care options until 6 p.m. available A minimum number of children registered is required by Wednesday at noon- so sign up now!

Start 2019 with a GREAT JOB!



Got Energy? Join the SPORTS ACADEMY for Kindergarten thru 5th grade!

–The Sports academy offers clinics for Kindergarten/1st /2nd/graders & 3rd, 4th & 5th graders! The sessions are designed to teach game fundamentals, some fun drills & sportsmanship while giving youth the chance to work on their skills during games and have fun. **GRADES Kindergarten & 1st** meet 3:15 - 4., **GRADES 3/4/5** meet 4 – 4:45 p.m. Programs are coed
BASKETBALL- Fridays- 6 week session starts Jan. 11. **FLOOR HOCKEY-** Tuesdays- 6 week session starts Jan. 8.

NEW YEAR...NEW PROGRAMS...Starting this week!

NEW PROGRAM! MARTIAL ARTS- New Martial Arts Program, offered for 7 -10 year olds & youth ages 11 and up—the program will combine the arts of Karate-Jujitsu-Judo and Tai-Chi and is designed to build character skills including self-confidence, respect, discipline, honesty, fairness while having fun. Offered Tuesdays 3- 4 p.m. for 7 -10 years & 4:15 – 5:15 p.m. for ages 11 & up. Starts January 8.



NOW UR COOKING- Cooking is a lifelong skill. Basic nutrition, utilizing math for measuring ingredients and how to make healthy food choices will be incorporated into this fun course for 5th – 8th graders. Located at the LARGE, modern kitchen at FiHo 2. Wednesday classes, 3:30 - 4:30 p.m. Begins January 9.

FITNESS & CONDITIONING- Get them off the screens! Strengthening & training program offered for 5th—8th graders on **NEW DAY- Thursdays**, 3:30—4:15 p.m., 6 weeks, Starts January 10.

NANCY DREW MYSTERY BOOK CLUB – Who: GIRLS 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:15 – 4 p.m. Starts January 9.

ZUMBA KIDS- Get ready to move and groove to modern Latin & Pop Music. Classes taught **NEW DAY- Wednesdays**, 3:15 - 4 p.m. for 6 – 8 year olds, 4:15 – 5 p.m. for 9 – 11 year olds & 7. Begins January 9

CHESS CLUB- The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Tuesdays, 3:15 – 4 p.m., 6 weeks, January 8.

ARTS & CRAFTS- Be creative with art in a program offered on Tuesdays, 4 – 4:45 p.m. Recycled materials are used for many of the projects. Donations welcome. 6 weeks, January 8.

MINECRAFT MODDING- Class introduces 2nd – 5th grade youth familiar with Minecraft to MCreator, a mod making software with no need of coding experience. Students can create their own blocks, invent recipes, biome elements, and even their own custom dimension! 4 week session offered Friday, January 25 – February 15, 3:30 – 4:30 p.m.

TOT TIME Parents & kids time! Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? We offer a 45 minute activity time for Toddler - 4 years olds. The fun times are designed to develop the fine/gross motor & social skills. Parent, grandparent or caregiver remains with child. Wednesdays, 10 – 10:45 a.m. starts Jan. 9. Register for 8 wk. session or do a daily drop in fee.



Good to Know!!

Kids Being Active

When kids are active, their bodies can do the things they want and need them to do. Why? Because regular exercise provides these benefits:

- strong muscles and bones
- weight control
- better sleep
- a better outlook on life

Healthy, physically active kids also are more likely to be academically motivated, alert, and successful.

Be ACTIVE at FIHO this WINTER!

GYMNASTICS IS BACK!!! Classes have started up again!! Fidelity House offers a well-established, inexpensive gymnastic program which strives to create a positive experience for all ability levels. Classes will be offered for Preschool, Kindergarten/1st grade & 2nd – 5th graders. Limited spots available! Info available at FiHo!



TOURNAMENT of CHAMPIONS-Congrats to Gabby O'Leary who was cool & collected in her championship run! Michael Sullivan emerged as runner up! It's not easy to be a champ among champs! Make sure you give her a high five!



POLAR BEAR FOOTBALL – Grades 5- 8. Thursdays. Outdoor touch football game. Outdoor activity, dress appropriately. Current Membership or guest fee required.

YES- WE'RE OPEN on FRIDAY NIGHTS for 5th grade & up AND we have some activities to help keep your kids active and not sitting & staring at screens!!

FRIDAY NITE DODGERS- Organized 5th—8th grade dodgeball games for registered players. Games, teams and strategies switched up weekly to insure fun, competitive dodgeball contests.

ULTIMATE FRISBEE LEAGUE – Fun (and easy to learn) coed games, that also get your body moving... played on Friday nights.

3/3 HOOP LEAGUE –Teams of 3 play some action packed, friendly competitive games in a 3 on 3 league.

Spirit of ANGELILLO OPEN 8-BALL TOURNAMENT- 5th graders and up are invited to participate in this new tournament which begins this week. The first week, playing games will enter you into the tournament. Players may participate in as many games as possible every day. The league will continue until March when the top 7 players will automatically make the playoffs with the rest of the league playing in a play-in tournament for the last playoff spot. Good Luck! Rules & 8-ball tourney record will be posted at Fidel. See Lisa for more info.



VOLUNTEER CLUB- Saturdays 1 p.m.- Clean slate for all! Take advantage & accept this gift to start fresh! Also, LOTS of new programs- be the leader and sign up- let the followers ask who else is signed up. Board meeting on Friday, 3:00 p.m.



LUCKY NUMBER-If your card number is 745 & 806, see Lisa and you will be a happy camper!

memorable notes & quotes -"I play AAU Jenga"... "we're going to have a fundraiser for a lifetime supply of batteries for flashlight tag"... "a body at rest, remains at rest... a body in motion remains in motion"... interesting byproduct we have noticed here at FiHo- a body in motion is happier, more energetic & less argumentative too!