



FIDELITY HOUSE

Sept. 19,
2017



OPENING WEEK IS OCT 3-7 which is 2 weeks from today! Fidelity House will FINALLY open its doors for open membership **youth in grades 6 and UP TUESDAY, OCT 3 AT 2:00 P.M.!!!** 6th graders and up are invited to drop over, and check out the game rooms, arts & crafts program and gym activities. Hours for the Open Membership Program are: **GRADES 6 - 12-** Tuesdays through Fridays, 2 -6:30 P.M. Saturdays will be offered from 9 - 4:45 P.M. and Friday evenings 5:30 - 10:00 P.M. beginning Oct. 6. A youth Membership is REQUIRED for these programs, but the first week is open house! The annual fee is \$75 or \$35 for a 3 month membership.

NEW this year! 2nd—5th graders purchase a \$25 FALL PROGRAM REGISTRATION FEE!

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What's that? It's a registration fee (covering the October 3, 2017—December 22, 2017) that is purchased when first registering for programs on Tuesday, Wednesday and/or Friday.

How is it used? It allows 2nd—5th graders the use of Supervised Recreation Rooms before and/or after their program on the day they are attending their program(s). Please note, **Pre-registration of programs is required for building use on those days.** It is not a drop in program.

Hours the recreation room is open are:

- Tuesday, 2-5 p.m.—Tuesday program participants
 - Wednesday, 2—5 p.m. Wednesday program participants
 - Friday 2—5 p.m. Friday program participants
 - Friday, 6:30—9 p.m. Friday 5th grade program evening participants
 - Saturday, 9—4 p.m. Available for all week day & Saturday program participants
- (Game room not open on Mondays or Thursdays).

PRESCHOOL/ PRE KINDERGARTEN PROGRAM- Limited openings available. This well established program offers a safe environment for 2.9—5 year old Preschool and Pre-Kindergarten students. The hours offered are 8:30.a.m.—11:30, 8:30 – 12:30 p.m. or 8:30 - 5 p.m. Children may sign up for 1 – 5 days, Monday through Friday. The program encourages exploration, creativity, socialization and play in a teacher directed environment. The program is licensed by the Department of Early Education and Care. Flyers describing the program in detail are available.



Check out what's NEW!!

FALL REGISTRATIONS are going on now!

Specific prices are available in our brochure and our online registration.

TOT SPORTS ACADEMY Preschoolers 3- 5 years old will learn sport basic fundamentals in a fun atmosphere. **Program is offered 12:40—1:20 p.m.** Begins the week of Sept. 25. Sports this Fall include Basketball on Mondays, Floor hockey on Weds. and Soccer on Fridays.

GR. K- 5 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Grades Kindergarten & 1st grade, 2nd grade meet 3:15 – 4 p.m., grades 3-5 meet 4 – 4:45 p.m. , **WHIFFLE BALL**— Tuesdays– 4 week session begins October 3, **KICKBALL**-Fridays-4 week session begins October 6



GYMNASTICS- All levels are invited to join! The classes continue through mid December. . Fidelity House offers a well -established, inexpensive gymnastic program which strives to create a positive experience for all ability levels. Limited spots available for preschool, Kindergarten/1st grade on Mondays, Kindergarten/1st grade/ 2nd grade on Saturdays, and FiHo class for 5th – 8th grade.



NANCY DREW MYSTERY BOOK CLUB- **Who:** GIRLS 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths... **Where:** Fidelity House **When:** Wednesdays, 3:30—4:15 p.m., October 4—November 8, 6 weeks,

ARTS & CRAFTS— Program offered on Tuesdays and/or Fridays, 3—3:45 pm. Recycled materials are used for many of the projects. Donations welcome. 10 classes, Starts Oct. 3



JUMP ROPE CLUB— 2nd – 5th graders learn the basic jumps, progress to long rope jumping, single rope tricks, and double dutch jumping. Great way to do something fun, challenging and enjoy the Fall weather. 8 sessions on Fridays, 3:15 - 4 p.m., starts October 6

HOOPS SKILLS & DRILLS - Basketball conditioning program designed for 2nd—5th graders, 6th – 8th graders and high school age. Monday program continues through November 13.

FITNESS & CONDITIONING—Strengthening & conditioning program for 2nd—5th graders offered on Tuesdays, 3—3:30 p.m., 6th—8th graders on Tuesdays, 3:30—4:15 p.m., 6 weeks, , starts October 3.

KNITTING CLUB— Learn or improve a new skill! Knitting instruction, projects for grades 2nd—5th on Wednesdays, 4:15—5 p.m. Begins October 4.

CHESS CLUB— All levels of 2nd—5th graders welcome! The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Tuesdays, 3—3:45 p.m., 6 weeks, starts October 3.

NOW UR COOKING— Cooking is a lifelong skill. Join in this fun course for 3rd – 6th graders. Located at the LARGE, modern kitchen at FiHo 2. Friday classes, 4—4:45 p.m. Begins October 6.

GYMNASTICS OPEN GYM TIME— Supervised gymnastics open gym time for grades 2nd—5th in the gymnastics room. Tuesdays, 4:15—4:45 p.m., begins October 3. Offered for grades 6th—8th on Fridays, 5—5:30 p.m., October 6.

WEDNESDAY GYM TIME – 2nd - 5th graders join a structured gym activity time from 3:15—4 p.m on Wednesdays, Oct. 4, 6 week session.

INTRAMURAL FLAG FOOTBALL LEAGUE- 4th graders (and up). Games played on Wednesdays, 3:30– 4:30 p.m., culminating in the Turkey Bowl in late Fall. 8 weeks, begins October 4

GIRLSintheHOUSE 2nd – 5th grade GIRLS meets Wednesdays at 3- 3:30 p.m.for *girls only* fun. Fidelity House girl Volunteer Club members help organize games, activities & fun. Starts Oct. 4.

RUNNING CLUB - Stretching, running games and varying length runs for 2nd—5th graders are part of this 6 week session on Fridays. 3:15—3:45 p.m., October 6.

CROSS COUNTRY RUNNING- Stretching, sprint & endurance training are part of this 7 week session for 6th – 8th graders. The goal is to run in a fall road race. Thursdays, 3:15 – 4 p.m., October 5

ULTIMATE FRISBEE CLUB —Ultimate Frisbee is a fun, challenging, fast paced coed team sport that uses a frisbee. Practicing throwing and catching a frisbee is key to the game, so each week begins with fun drills and then games. Saturdays, 2–2:45 p.m., October 7.



GIRLS 3 on 3 HOOP league- Basketball program for 5th – 8th grade girls that develop their basketball skill in a fun, friendly competitive environment. The smaller team size increases offensive and defensive opportunities for each player and is a fun way to play hoop with your friends. Wednesday 4—4:45 p.m., October 4



BOYS INTRAMURAL BASKETBALL LEAGUE – Join this one of a kind league! Fall intramural league for 5th – 8th graders. Games played on Friday nights AND Saturday mornings. League games include drills before each game. Starts the weekend of September 29 & 30.



SUPERBOWL PREDICTIONS- Think you know your football? Have NO idea what teams are playing? Who cares- just give Lisa your predictions for this year's NFL season outcome and we'll find out at the end of the season who knows their stuff!! There are always bandwagon teams....but some teams may GROWL their way to the final game!

VOLUNTEER CLUB- What is the volunteer club? Come find out!! The V.C. is offered to members in



grades 6 & up. The first meetings will be held THIS week, Sat., SEPT. 23 at 1:00 p.m. and is OPEN TO ALL!! Just show up & we'll give you the 411 on what the VC actually is! After those first two meetings, you have to get voted in- so, hope to see you in September. ELECTIONS of OFFICERS will be held OCT. 7! In addition to meet the staff/beat the staff, monthly auctions, hot topic discussions & some new surprises this year, Members receive well deserved privileges.

memorable quotes & notes... *"nothing good happens at the center"* ...nice to see the gym getting some bball use- keep it up! ..Look forward to a fun year! Be a doer- not a watcher!